



# Holistic Healing

HYPNOSIS • REIKI • MASSAGE

## PRICELIST

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\*\* Snapscan or EFT – Cash Discount \*\*

\*\* Gift Vouchers Available \*\*

\*\*24hr Cancellation required\*\*

\*\*Prices subject to change\*\*

## HEALTH CHECKS

### - Bio Health Scan:

A state of the art, non-invasive, full body scan using a quantum magnetic resonance analyser to identify any viruses, bacteria, parasites, allergies, inflammation, hormonal imbalances and health of all the organs

R650 Initial Consult, Health Assessment, Scan + Report  
R550 Follow up Scan, Consult + Report

### - Resonance Therapy:

Rife machines produce low-energy electromagnetic waves to target pathogens and regenerate body cells. Resonance therapy addresses a wide range of ailments including: Arthritis, Digestive problems, inflammation, hormonal imbalances, chronic fatigue, circulation, respiratory problems, parasites and infections.

\* Enquire on individual or package pricing

## HYPNOSIS & COACHING:

### - Hypnotherapy:

Hypnosis uses guided relaxation and creates a state of focused attention and increased suggestibility, during which positive suggestions are used to help individuals deal with a variety of concerns and issues.

- ✓ Lose Weight
- ✓ Manage Anxiety and Depression
- ✓ Reduce Stress and aid Relaxation
- ✓ Build Confidence & Be more Positive
- ✓ Sleep Peacefully
- ✓ Inner Child Healing and more.

R650 per session

### - Coaching:

Assisting you to get from where you are to where you want to be! Providing you tools and techniques to help you become clear about your values, beliefs, strengths and areas of improvement. A safe space to feel heard.

R550 per session

## REIKI:

### - Energy Healing and Chakra Balance

A deeply soothing and relaxing treatment geared towards channelling life-force energy back into your body to restore your sense of well-being and to assist in any self-healing that may be needed. Chakra oils used to deepen the experience.

R550 per session

## MASSAGE:

### - Aromatherapy:

This Swedish full body massage releases tension held in every part of the body, leaving you feeling de-stressed and re-charged. Carefully applied pressure stimulates the nervous system with the added benefit of aromatherapy essential oils.

R550

Add On: Apricot Scrub +R50

### - Hot Stone:

This luxurious full body massage uses heated Basalt stones combined with healing oils. The embodied heat of the stones relaxes and seeps deep into the muscle tissue.

R550

### - Lymphatic Drainage:

A light pressure, therapeutic massage applied to whole body (incl. the stomach). Increases the flow of lymph and reduces toxins in your body. Reduce cellulite; remove stubborn fat and assists with detoxification.

R550

Add On: Ultrasonic Cavitation/RF Machine +R50

“An Integrated Holistic Approach to Health and Healing”